



radiantly
alive

Breath, Beauty & Bandha

with Daniel Aaron



July 30th :
12:00pm - 3:00pm
4:30pm - 7:00pm

July 31st :
9:30pm - 12.00pm
1:30pm - 4.30pm

Venue : Yoga Grooves
The Home of Yoga
610 Stirling Hwy
Mosman Park - WA
Australia
ph : +61-0427839402



Daniel Aaron, founder of www.RadiantlyAlive.com, author, teacher and human potential coach, directs the Vibrant Living Yoga School and Teacher Training in Bali. He shares his passion for yoga and how to use it as a potent tool to evoke our highest potential for health and happiness, guiding students to accept themselves fully and challenge their limitations. Mixing a diverse yogic education with dozens of modern masters (Jivamukti, Ashtanga, Iyengar etc). His own experience of 'the teaching,' creativity and spontaneity.

Daniel creates classes that are eclectic, fun and inspiring. For information about him, please see www.DanielAaron.com



Cost : Full Weekend \$300 earlybird \$280
individual workshops \$80 earlybird \$75
***earlybird til June 30th**

email : Jo@YogaGrooves.com
more info : www.YogaGrooves.com