

LETTER FROM DR. GABRIEL COUSENS:
Natural Cellular Defense

As a holistic physician, Dr. Gabriel Cousens M.D., the author of this letter, has consistently been looking for herbs or natural substances that can help prevent and ameliorate the causes of chronic disease which surround us in an increasingly serious way. It is amazing that every year 10.9 million people across the globe are diagnosed with cancer and 6.7 million people die because of cancer. This is about 12% of all global deaths. The U.S. Ranks in the top three countries with the highest rate of cancer in both men and women. This is not an accident. 70,000 chemicals, according to the E.P.A., are used commercially. 65,000 of those 70,000 are potentially hazardous to our health. According to the Environmental Defense Group, more than 4 billion pounds of toxic chemicals are released into the environment each year, and 72 million of those pounds are known carcinogens.

These cancer-causing agents end up on our air, our water, and our food. In other words, we, like everybody else in the world, are surrounded by carcinogens, and we have to use what we as human beings have used all along for survival: a certain amount of cleverness and thoughtfulness in our lives, to counteract the lack of consciousness that the corporations and ourselves are living with. Different tests on the blood and urine of adult Americans have found a total of 167 compounds, with an average of 91 of these per person. Of these 167 compounds, 76 are known to cause cancer, and 94 are toxic to the nervous system. 82 affect the lungs, 86 effect hormones, and 79 cause birth defects. Gabriel is also working to develop a detoxification system for children, babies in utero, and women waiting to become pregnant. Research carried out by the Red Cross has found a total of 287 chemicals in the blood of babies under 12 months. 180 are known to cause cancer, 217 are toxic to the brain and nervous system, and 208 have been shown to cause birth defects in animals. Simply put, our future generations are explicitly at risk. Wouldn't it be nice to find a simple, natural remedy that can act as a practical antidote for this situation?

Some estimates show as much 25% of Americans suffer from some degree of heavy metal poisoning, the most prevalent being Mercury, Lead, Cadmium and Arsenic. We are exposed to radioactivity as well in a major way. The Chernobyl disaster is just one example of that situation. Our immune systems are compromised by lifestyle and by toxic exposure? People are exposed to increasing viral attacks; free-radical buildup from radiation and other toxic chemicals has been seen as one of the causes or contributors to increased aging and cancer. Many people are living in an acid environment, filled with acid foods, acid thoughts, and an acid lifestyle that causes the body to become more vulnerable to diseases of all kinds.

Dr. Cousens's Article:

In my search for a simple approach to the above named problems, I have come across a natural compound called zeolite. Zeolite, in general, has been used for hundreds of years as a traditional remedy throughout Asia to

promote overall health and well-being. Zeolite is an alchemical combining of the four elements, air, earth, water, and fire, as the lava earth and fire energy of volcanoes erupted, and the lava and ash poured into the sea. The combination of the ash and the salt from the sea, as well as the lava, caused a chemical reaction, and over thousands of years certain precious minerals including zeolites began to be formed.

A chemist in a small pharmaceutical company in Ohio was intrigued by the power of zeolites. He researched it and purified it, and found some amazingly powerful effects from it. He was given a patent, # 6,288,045 by the U.S. government for the process. This patent is now held by Rik Deitsch, Chairman of the Waiora Scientific Advisory Committee I have read the scientific research, the patent papers, and the research monograph by Rik J. Deitsch, who is a nutritional and research biochemist, and president of NDA Consulting, Inc., a biotechnology research group. Dr. Deitsch is also in charge of all the research concerning this natural healing substance.

After talking with him and reading the literature, it is clear that they may have discovered what seems to be one of the most potent natural preventatives, for cancer. In a recently completed preliminary, UNPUBLISHED, 14 month study, with 65 Level 4 (terminal-stage) cancer patients who had been sent home to die, 51 of the patients, (78%), experienced complete remissions, (which means complete disappearance of the cancer).

The theoretical mechanism of action is quite interesting for cancer. Theoretically, what appears to happen is the zeolites in Natural Cellular Defense, which are negatively charged, chelate by cation exchange a tremendous amount of positively charged heavy metals and toxins. Then, because of this, the zeolites become slightly positively charged and are attracted to the negatively charged membrane of the cancer cell and are pulled right into the cancer cells. When the zeolite moves inside the cell, the P21 and P27 genes appear to be activated. Gene P21 acts as a tumor suppressor through its ability to control cell cycle progression, in this case to prevent cancer cells from maturing and reproducing themselves. The activation of P27, another cell growth controlling hormone, appears to halt the growth of tumors by directly suppressing growth signals. In in-vitro studies, all cancer cells tested were destroyed in 72 hours, which is a claim no other substance has been able to make. The beauty of it, of course, is that there appear to be no side effects because Zeolite appears to specifically target cancer cells.

My primary interest is in cancer prevention, and preparing mothers for a healthy pregnancy. While we do not want to ignore the fact of a preliminary study that shows approximately 78% of the terminally diagnosed people with cancer are now in remission, that is only one study. We have to say that zeolite is still in preliminary research with respect to allopathic medicine. We cannot claim that this is a cure for cancer, but we can certainly look at it as a potent cancer prevention remedy.

Zeolite acts as a chelation agent to remove heavy metals, toxins and pesticides, from the system. It does so in a particular hierarchical order. Heavy metals, such as lead, mercury, cadmium, and arsenic, are removed in the first level of the hierarchy.

Once it has removed these metals from the system, it then removes, as a second level of priority, pesticides, furans from plastics, dioxins from manufactured products, and chemical toxins are removed.

As a third priority, zeolite in NCD appears to act as a natural trap of

viruses, interrupting viral reproduction before it can complete, thereby eliminating a broad spectrum of viruses from the system. It does this because viruses reproduce themselves sequentially, in a production line, until the viral cell structure is complete. Zeolite appears to literally absorb the viral parts into its cage like structure. It appears to be effective for herpes virus 1, cosachie virus B-5, ecco-virus 7, and also adeno virus 5. It is important to note that this effect as an anti-viral is not immediate, but only seems to happen after 4-6 weeks of use, and after the heavy metals, pesticides and chemical toxins have been largely removed from your system.

The structure of this zeolite molecule is a three dimensional framework of tetrahedral with a strong exterior negative charge, which attracts heavy metals and toxins, which are positively charged. Negative ions inside the zeolite structures switch places with the heavy metals, toxins and pesticides, which are also positively charged ions, and tightly binds them. This process is called cation exchange. One of the qualities of this [caged binding of toxins] is that they are 100% excreted; heavy metals and toxins do not get deposited in other places in the system but are excreted. 60% of the available Zeolite binds toxins in the bloodstream and at the cellular level. 40% of the available zeolite binds heavy metals in the gastrointestinal tract.

Powdered, non-activated Zeolite was used during the Chernobyl disaster to clean air, water and soils of radioactive contaminants such as cesium and strontium-90. It was also used on humans, to remove radioactive elements from peoples' systems, acting primarily as a chelator. In India and Russia, Zeolites have been used for cleansing for hundreds of years.

Zeolite also acts as a unique antioxidant. It does not work like the traditional antioxidants, which take up the excess (free) radicals. Zeolite simply traps entire free radicals in its cage-like structure. It inactivates them and, again, eliminates them from the system. As such, the zeolite action is complementary to traditional antioxidants that absorb the free radicals into their system because they have an unpaired electron.

In addition, zeolite acts as what we would call a local buffer. Wherever it is in the body, it buffers the system towards slightly alkaline, pH 7.35 to 7.45, which is the optimum pH for the human body. Research has also shown that, in a way that is not entirely clear, it acts to regulate the immune system, either to stimulate or repress it, according to the body's need at the time. This is very important in a world where our immune systems are seriously and continually being compromised.

The zeolite in NCD is classified as Generally Recognized as Safe (GRAS) as a supplement, by the FDA. At this time research indicates that there do not seem to be any side effects when taken as directed. However, it is very important to note that while taking NCD, the body requires plenty of water. Because of its natural action to absorb water, zeolite can cause dehydration. Whenever you are taking NCD, it is important to drink a lot of water. It is important to drink water for several days before you begin taking NCD. So far, NCD is ONLY contraindicated for those taking medications containing heavy metals, such as lithium or using medications with platinum in them such as some chemotherapy drugs.

Dosages:

Zeolite remains active in the body for a period of 5-7 hours, and then needs to

be replenished. **NB: At least 1 oz of water for every 2 pounds of body weight must be consumed every day while taking NCD.**

Cleansing Dosage: The general treatment for everyone is 10 drops three times a day, with or without meals, for 4-8 weeks.

Acute Disease Dosage: For those suffering from cancer, or heavy metal contamination, 15 drops 3 -4 times per day is recommended. Alternatively, 1 - 2 drops per hour can be taken with an 8 drop dosage at bedtime. This appears to be particularly effective for Hepatitis C treatment.

Maintenance Dosage: 1-3 drops three times a day. Increase to 5 drops 3 x per day when there is a viral attack, chemical exposure, chemtrail exposure, or other contamination risk, like vog in Hawaii or air pollution warnings in LA.

I believe this is a most unique, natural substance formed alchemically by nature, as a gift from God to help us face our present day health challenges due to with ecological ignorance. Natural Cellular Defense is completely different from all supplements – it is a cleansing agent that is simple, elegant, extraordinary, and necessary for maintaining healthy living in today's toxic world. Not only are Shanti (my partner) and I taking it, but also I feel that it is obvious that everyone who is living in the industrial world should be taking on a regular basis. NCD is an antidote for our very difficult environmental conditions that keep us from being at our optimum level of health, and the clearest, most joyful, God-merged beings that we are meant to be.

Natural Cellular Defense is available at www.mywaiora.com/402223. Or, like most unusual products that are useful, NCD has now become distributed by network marketing and can be obtained in a significantly less expensive way if you sign up as a distributor www.mywaiora.com/402223. We feel that this is something that everyone on the planet needs to have.

Dr. Gabriel Cousens blesses you all. May your health, and joy, and awareness continue to improve as we transform the planet.