

Experience Transformational Breath

with Daniel Aaron

February 16, 10:30-1:30 • February 17, 10:30-1:30
UBUD • BaliSpirit Yoga Barn • Jalan Pengosekan

- **ELIMINATE RESTRICTIVE BREATHING PATTERNS**

Learn to breathe more openly & efficiently.
Be in the flow of Life.

- **CLEAR the SUBCONSCIOUS**

Breathing transforms negative thought patterns & trauma,
allowing for more expression of Love & Joy.

- **CONNECT MORE FULLY with your HIGHER SELF**

Access higher levels of awareness.
Express from the Soul level.

- **GLEAN the BENEFITS of a FULL, DEEP, CONNECTED BREATH**

Relieve Stress ... Heal relationships.
Heal yourself – Physically, Mentally, Emotionally, Spiritually.



Daniel Aaron, founder of www.RadiantlyAlive.com, has devoted his life to the art of vibrant living. Awareness of our incredible potential for happiness, and that we are naturally encoded with everything we need to realize it, has led him on amazing personal and professional explorations in the fields of health and consciousness. Having trained directly with Transformational Breath founder Judith Kravitz in 1996, he's since guided thousands of people to fuller breath and fuller lives. For more on Daniel, please see www.DanielAaron.com.

Fee: Early registration discount - payment by February 11 to Ririe at Balispirit office (Jl Hanoman 44) Rp. 275,000 for one workshop, Rp. 425,000 for both. After February 11 Rp. 325,000 for one workshop, Rp. 550,000 for both. For info please call 081 337 823 719 visit www.RadiantlyAlive.com/breath.php or www.Breathe2000.com

